

HEALTH (EDHL)

EDHL 1322 Nutrition

Credits: 3 (3-0-0)

Course addresses principals and concepts associated with nutrition science. Emphasis will be placed on developing an understanding of nutrition factors and prevention of chronic illness. Students will be expected to journal and assess their personal dietary behaviors and develop a plan to improve or maintain their eating patterns. TSI Restriction(s): Reading, Math, and Writing

Restrictions: Graduate level students may not enroll.

EDHL 3331 Consumer Health

Credits: 3 (3-0-0)

An informed health consumer is one who purchases health products and services that are useful and beneficial. This consumer is also aware of consumer protection, product safety and services available if dissatisfied with a product or service. TSI Restriction(s): Reading, Math, and Writing

Restrictions: Graduate level students may not enroll.

EDHL 3333 Growth Dvlpmnt and Sexuality

Credits: 3 (3-0-0)

Human sexuality content for different developmental stages. Designed for individuals who plan to present human sexuality content to various age groups. TSI Restriction(s): Reading, Math, and Writing

Restrictions: Graduate level students may not enroll.

EDHL 3335 Drug Education

Credits: 3 (3-0-0)

Study of prescription and non-prescription drugs, their action in the body, their benefits and abuse potentials. TSI Restriction(s): Reading, Math, and Writing

Restrictions: Graduate level students may not enroll.

EDHL 3381 Community Health

Credits: 3 (3-0-0)

Acquaints the student with all aspects of community and public health. Designed to prepare students for planning, implementation and evaluation of health education/health promotion programs in community, health care and worksite settings. TSI Restriction(s): Reading, Math, and Writing

Restrictions: Graduate level students may not enroll.

EDHL 3383 Women's Health

Credits: 3 (3-0-0)

Medical, historical, legal, environmental, sociological and psychological issues that affect women's health, both past and present. TSI Restriction(s): Reading, Math, and Writing

Prerequisites: EDKN 1304.

Restrictions: Graduate level students may not enroll.

EDHL 4337 Disease Entities/Epidemiology

Credits: 3 (3-0-0)

This course introduces epidemiologic principles and methods. Examines the historical and theoretical bases of epidemiology; statistical methods; distribution of disease over person, place and time; research methods utilized in epidemiology; and the application of epidemiology to the prevention of disease and the promotion of health. TSI Restriction(s): Reading, Math, and Writing

Restrictions:

EDHL 4342 Prgrm Plan for Hlth Promotion

Credits: 3 (3-0-0)

Explore the demographics of the San Antonio area, identify a disease that is prevalent to a local population, assess the resources available, develop a health promotion program and implement the program at a local facility. TSI Restriction(s): Reading, Math, and Writing

Prerequisites: EDHL 3381.

Restrictions: Graduate level students may not enroll.

EDHL 4344 Health and Aging

Credits: 3 (3-0-0)

This course will explore in-depth information regarding the health issues of aging individuals including: physical health, psychological health, legal and ethical issues of health and Medicare/Medicaid. TSI Restriction(s): Reading, Math, and Writing

Restrictions: Graduate level students may not enroll.