

# DEPARTMENT OF COUNSELING, HEALTH AND KINESIOLOGY

## Mission

The Department of Counseling, Health and Kinesiology is committed to extending the knowledge base of counseling, health and kinesiology through a combination of scholarly inquiry, reflective practices and student centered learning. The faculty and staff are dedicated to preparing counselors and health/kinesiology professionals to meet the challenges of a growing and diverse community. The department offers:

- Master of Arts in Counseling and Guidance: School Counseling
- Master of Arts in Clinical Mental Health Counseling
- Master of Arts in Marriage, Couple, and Family Counseling
- Master of Science in Applied Behavior Analysis
- Master of Science in Kinesiology

## Contact Information

Dr. Stephen Lenz, *Department Chair*

Dr. Ray Wooten, *Associate Chair of the Counseling Program*

Dr. Sukho Lee, *Associate Chair of Health and Kinesiology Program*

Dr. Berenice De La Cruz, *Program Coordinator for the Applied Behavior Analysis Program*

Mrs. Janai Moody, Administrative Assistant  
Classroom Hall Building  
(210) 784-2521

## Programs

- Applied Behavior Analysis, Master of Science (<https://catalog.tamusa.edu/graduate/education-human-development/counseling-health-kinesiology/applied-behavior-analysis-ms/>)
- Clinical Mental Health Counseling, Master of Arts (<https://catalog.tamusa.edu/graduate/education-human-development/counseling-health-kinesiology/clinical-mental-health-counseling-ma/>)
- Counseling and Guidance: School Counseling, Master of Arts (<https://catalog.tamusa.edu/graduate/education-human-development/counseling-health-kinesiology/counseling-guidance-ma-school/>)
- Kinesiology, Master of Science (<https://catalog.tamusa.edu/graduate/education-human-development/counseling-health-kinesiology/kinesiology-ms/>)
- Marriage, Couple, and Family Counseling, Master of Arts (<https://catalog.tamusa.edu/graduate/education-human-development/counseling-health-kinesiology/marriage-couple-family-counseling-ma/>)

## Courses

### Applied Behavior Analysis

Code	Title	Credits
ABA 5301	Concepts and Principles in Applied Behavior Analysis	3
ABA 5302	Research Methods in Applied Behavior Analysis	3

ABA 5303	Ethics and Professionalism in Applied Behavior Analysis	3
ABA 5304	Assessment in Applied Behavior Analysis	3
ABA 5305	Interventions in Applied Behavior Analysis	3
ABA 5306	Supervision and Management in Applied Behavior Analysis	3
ABA 5307	Autism Spectrum Disorder	3
ABA 5308	Verbal Behavior	3
ABA 5309	Behaviorism	3
ABA 5310	Practicum and Research 1 in Applied Behavior Analysis	3
ABA 5311	Thesis in Applied Behavior Analysis	3

### Counseling and Guidance

Code	Title	Credits
EDCG 5302	Introduction to Counseling	3
EDCG 5307	Military Experience of Trauma	3
EDCG 5308	Clinical Treatment: Couples, Families, and Military Populations	3
EDCG 5309	Coun Ind, Cpls&Fam in Military	3
EDCG 5311	Theories of Counseling	3
EDCG 5313	Prof Orientation & Ethics	3
EDCG 5314	Theoretical Foundations of Individual, Couples, and Family Counseling	3
EDCG 5316	School Counseling: Leadership and Advocacy	3
EDCG 5317	Counseling Techniques	3
EDCG 5318	Crisis Intervention	3
EDCG 5319	Systemic Interventions w Youth	3
EDCG 5323	Group Counseling Techniques	3
EDCG 5325	Assessment	3
EDCG 5326	Spec Prob in Guidance & Couns	3
EDCG 5327	Abnormal Human Behavior	3
EDCG 5328	Group Counseling Techniques	3
EDCG 5331	Conflict Resolution	3
EDCG 5332	Substance Use/Process Addict	3
EDCG 5333	Research in Counseling	3
EDCG 5334	Theoretical App in Counseling	3
EDCG 5335	Human Dev Across Lifespan	3
EDCG 5336	Abnormal Conditions and Interventions	3
EDCG 5339	Legal Issues in Counseling	3
EDCG 5341	Guidance Advanced Topics	3
EDCG 5342	Counseling Diverse Populations	3
EDCG 5343	Counseling Older Adults	3
EDCG 5350	School Counseling Practicum	3
EDCG 5351	Practicum for School Couns	3
EDCG 5352	Counseling Curriculum and Systemic Interventions	3
EDCG 5353	Career Counseling	3
EDCG 5354	Prin and Prac Guidnce and Coun	3
EDCG 5356	Field Practicum for Counselors	3
EDCG 5359	Marriage/Couple/Fmily Internsh	3
EDCG 5360	Clinical Mental Health Practicum	3
EDCG 5361	Advanced Counseling Practicum	3
EDCG 5362	School Counseling Internship	3

EDCG 5365	Marriage/Family Couns Practicm	3
EDCG 5385	Clinical Mental Health Internship	3
EDCG 5386	Internship: Mental Health Counseling	3

## Health

Code	Title	Credits
EDHL 5311	Sci Foundations of Health Educ	3
EDHL 5321	Crit Anal of Issues in Hlth Ed	3
EDHL 5322	Seminar in Selected Topics	3

## Kinesiology

Code	Title	Credits
EDKN 5301	Sports Coaching & Officiating	3
EDKN 5303	Teach College Phys Educ	3
EDKN 5305	Graduate Research Project	3
EDKN 5306	Thesis	3
EDKN 5308	Administration of Athletics	3
EDKN 5309	Org and Adm of Kinesiology Prg	3
EDKN 5312	Physiology of Exercise	3
EDKN 5315	Current Issues and Trends	3
EDKN 5316	Hist/Phil Sport/Human Prfrmnc	3
EDKN 5317	Research in Kinesiology	3
EDKN 5333	Seminar in Selected Topics	3
EDKN 5334	Fitness/Nutrition/Weight Mgmt	3
EDKN 5335	Perf in Environmental Extremes	3
EDKN 5336	Youth Fitness & Performance	3
EDKN 5337	Aging and Physical Activity	3
EDKN 5338	Statistical Analy of Res Data	3